

As the example below, if you send/receive about 15 emails, visit 33 facebook, watch 1 hour of standard streaming video and download data per month.
insert below the information that best describe your needs to estim

TYPE OF SERVICE	Daily Usage
EMAILS SENT/RECEIVE with ATTACHMENTS	15 Emails
WEB PAGES VISITED	33 Pages
SOCIAL MEDIA POSTS WITH PHOTOS	3 Posts
HOURS OF STANDARD STREAMING VIDEO	1 Hours
SONGS DOWNLOADED	3 Songs

Below are general guidelines for the amount of data used per service

- 1 **email** (no attachment) **35 KB**
- 1 **email** (with standard attachment) **300 KB**
- 1 **web page** **1 MB**
- 1 social media post with **photo** **500 KB**

Note: Data usage varies by device. The above examples are based on actual amount of data used for the described activity can vary.

1MB = 1,024KB

1GB = 1,024MB

web pages, upload 3 posts (with photo) in
3 songs every day, you would use approximately 5GB of
Please
state your monthly usage

	131.836 MB
	990 MB
Every month you would consume	43.9453 MB
	3600 MB
	360 MB

YOUR ESTIMATED MONTHLY USAGE	5.0 GB
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e:

- 1 min. of streaming **video** (standard) 2 **MB**
- 1 min. of streaming **video** (HD) 5.1 **MB**
- 1 **song** downloaded 4 **MB**

on averages and are estimates only. The

